



St Thomas High Lane Morning Prayer



*The Lord is my shepherd...he shall refresh my soul and
guide me in the paths of righteousness for his name's sake.
(Psalm 23.1a,3)*

Preparation

Grace, mercy and peace from God our Father and the Lord
Jesus Christ be with you
and also with you.

This is the day that the Lord has made.
Let us rejoice and be glad in it.

We have come together in the name of Christ to offer our
praise and thanksgiving,
to hear and receive God's holy word,
to pray for the needs of the world,
and to seek the forgiveness of our sins,
that by the power of the Holy Spirit
we may give ourselves to the service of God.

The sun of righteousness has dawned with healing in his
wings. Let us come to the light of Christ, confessing our sins
in penitence and faith.

Lord God, we have sinned against you; we have done evil in your sight. We are sorry and repent. Have mercy on us according to your love. Wash away our wrongdoing and cleanse us from our sin. Renew a right spirit within us and restore us to the joy of your salvation; through Jesus Christ our Lord. Amen

May the God of all mercies cleanse *us* from *our* sins, and restore *us* in God's image to the praise and glory of God's name, through Jesus Christ our Lord. **Amen**

Blessed is the Lord,
for he has heard the voice of our prayer;

therefore shall our hearts dance for joy
and in our song will we praise our God.

Blessed are you, creator God,
to you be praise and glory for ever.
As your Spirit moved over the face of the waters
bringing light and life to your creation,
pour out your Spirit on us today
that we may walk as children of light
and by your grace reveal your presence
Blessed be God, Father, Son and Holy Spirit.
Blessed be God for ever.

Hymn

The night has passed and the day lies open before us;
let us pray with one heart and mind

Silence is kept.

As we rejoice in the gift of this new day, so may the light of your presence, O God, set our hearts on fire with love for you; now and for ever. **Amen.**

Canticle – A Song of David

Blessed are you, God of Israel, for ever and ever, for yours is the greatness, the power, the glory, the splendour and the majesty.

Everything in heaven and on earth is yours; yours is the kingdom, O Lord, and you are exalted as head over all.

Riches and honour come from you and you rule over all.

In your hand are power and might; yours it is to give power and strength to all.

And now we give you thanks, our God, and praise your glorious name.

For all things come from you, and of your own have we

given you.

The Word of God

A reading from the book of the prophet Jeremiah (23.1-6)

Woe to the shepherds who destroy and scatter the sheep of my pasture! says the Lord. Therefore, thus says the Lord, the God of Israel, concerning the shepherds who shepherd my people: It is you who have scattered my flock, and have driven them away, and you have not attended to them. So I will attend to you for your evil doings, says the Lord. Then I myself will gather the remnant of my flock out of all the lands where I have driven them, and I will bring them back to their fold, and they shall be fruitful and multiply. I will raise up shepherds over them who will shepherd them, and they shall not fear any longer, or be dismayed, nor shall any be missing, says the Lord.

The days are surely coming, says the Lord, when I will raise up for David a righteous Branch, and he shall reign as king and deal wisely, and shall execute justice and righteousness in the land. In his days Judah will be saved and Israel will live in safety. And this is the name by which he will be called: 'The Lord is our righteousness.'

This is the word of the Lord.

Thanks be to God.

A reading from the letter to the Ephesians (2.11-end)

So then, remember that at one time you Gentiles by birth, called ‘the uncircumcision’ by those who are called ‘the circumcision’—a physical circumcision made in the flesh by human hands— remember that you were at that time without Christ, being aliens from the commonwealth of Israel, and strangers to the covenants of promise, having no hope and without God in the world. But now in Christ Jesus you who once were far off have been brought near by the blood of Christ. For he is our peace; in his flesh he has made both groups into one and has broken down the dividing wall, that is, the hostility between us. He has abolished the law with its commandments and ordinances, so that he might create in himself one new humanity in place of the two, thus making peace, and might reconcile both groups to God in one body through the cross, thus putting to death that hostility through it. So he came and proclaimed peace to you who were far off and peace to those who were near; for through him both of us have access in one Spirit to the Father. So then you are no longer strangers and aliens, but you are citizens with the saints and also members of the household of God, built upon the foundation of the apostles and prophets, with Christ Jesus himself as the cornerstone. In him the whole structure is joined together and grows into a holy temple in the Lord; in whom you also are built together spiritually into a dwelling-place for God.

This is the word of the Lord.

Thanks be to God

*Hear the Gospel of our Lord Jesus Christ according to Mark
(6.30-34,53-end)*

Glory to you, O Lord

The apostles gathered around Jesus, and told him all that they had done and taught. He said to them, 'Come away to a deserted place all by yourselves and rest a while.' For many were coming and going, and they had no leisure even to eat. And they went away in the boat to a deserted place by themselves. Now many saw them going and recognized them, and they hurried there on foot from all the towns and arrived ahead of them. As he went ashore, he saw a great crowd; and he had compassion for them, because they were like sheep without a shepherd; and he began to teach them many things.

When they had crossed over, they came to land at Gennesaret and moored the boat. When they got out of the boat, people at once recognized him, and rushed about that whole region and began to bring the sick on mats to wherever they heard he was. And wherever he went, into villages or cities or farms, they laid the sick in the market-places, and begged him that they might touch even the fringe of his cloak; and all who touched it were healed.

This is the Gospel of our Lord

Praise to you, O Christ

Anthem

Awake, O sleeper, and arise from the dead.
and Christ shall give you light.

You have died and your life is hid with Christ in God.
Awake, O sleeper, and arise from the dead.

Set your minds on things that are above, not on things that are on the earth.
and Christ shall give you light.

When Christ our life appears you will appear with him in glory.
Awake, O sleeper, and arise from the dead.
and Christ shall give you light.

The Benedictus (The Song of Zechariah)

**Blessed are you, Lord God of Israel,
you have come to your people and set them free.**

**You have raised up for us a mighty Saviour, born of the
house of your servant David.**

**Through your holy prophets, you promised of old to
save us from our enemies,**

from the hands of all who hate us, to show mercy to our forebears, and to remember your holy covenant.

**This was the oath God swore to our father Abraham:
to set us free from the hands of our enemies,**

**free to worship you without fear,
holy and righteous before you, all the days of our life.**

**And you, child, shall be called the prophet of the Most High,
for you will go before the Lord to prepare the way,**

to give God's people the knowledge of salvation by the forgiveness of their sins.

**In the tender compassion of our God
the dawn from on high shall break upon us,**

to shine on those who dwell in darkness and the shadow of death, and to guide our feet into the way of peace.
Luke 1.68-79

Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.

Sermon

The Creed

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead.

On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Prayers

Intercessions are offered.

Prayer for these times

Keep us, good Lord, under the shadow of your mercy in this time of uncertainty and distress. Sustain and support the anxious and fearful, and lift up all who are brought low; that we may rejoice in your comfort knowing that nothing can separate us from your love in Christ Jesus our Lord. **Amen**

The Collect

Lord of all power and might, the author and giver of all good things: graft in our hearts the love of your name, increase in us true religion, nourish us with all goodness, and of your great mercy keep us in the same; through Jesus Christ our Lord; who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.
Amen

Trusting in the compassion of God, as our Saviour taught us, so we pray

Our Father in heaven, hallowed be your name,
your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread.
Forgive us our sins, as we forgive those who sin against us. Lead us not into temptation but deliver us from evil. For the kingdom, the power, and the glory are yours now and for ever. Amen.

Hymn

The Conclusion

The Lord bless us and preserve us from all evil,
and keep us in eternal life.

Amen

Let us bless the Lord

Thanks be to God.